

Baking Set



As well as developing two-handed play this game gives the helper hand practice in:



Thumb/finger grasping

Whole hand grasping

Holding

Reaching

Releasing

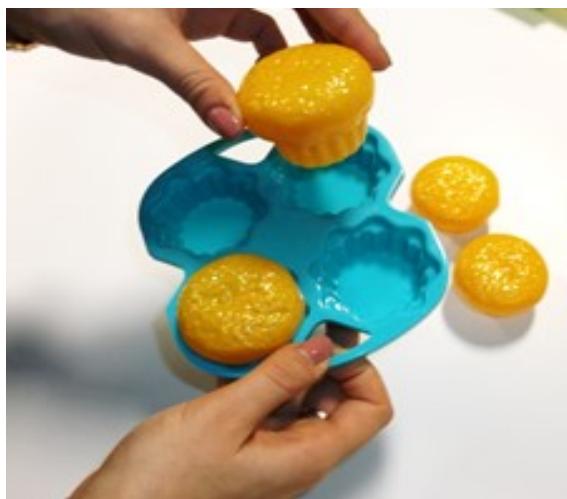
Wrist and forearm movements

<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>

Holding objects steady with one hand and grasping others with the other hand.



Holding the tray still while picking up or placing a bun with the other hand.



Using both hands to hold and control the rolling pin.



Holding or keeping one object steady while the other hand holds another.



Please turn the page for more ideas...



Encourage your child to hold the mixer bowl steady while grasping the mixer in the other hand.



...so that the mixer fittings can be changed. To do this, he/she will need to hold the mixer in one hand and hold the fittings in the other hand.



Your child will need to use one hand to press the buttons on the side of the mixer and the other hand to pull up the mixer...



Putting something in one bowl and emptying it into another bowl is a good way to encourage wrist movements and grasping. Try this with the spoon too.

